

2023-2024

outcomes

THEIR

achievements



Ranch Ehrlo Society

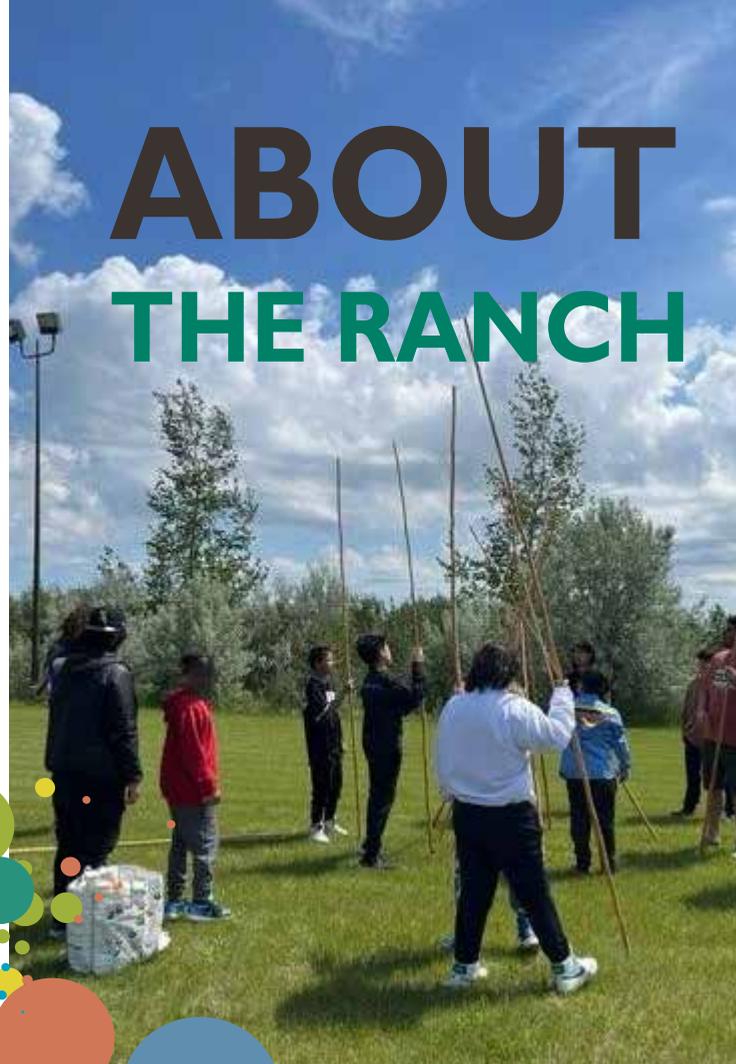
Continual improvement is a top priority for Ranch Ehrlo Society to ensure the effective delivery of high quality programs and services. We use data from this report to evaluate services and identify opportunities for improvement.



We are a charitable organization dedicated to providing a range of quality assessment, treatment, education, support, and community services that improve the lives of children, youth, adults, and families.

As a CARE certified agency, we are guided by the CARE model, which is a multi-level program aimed at improving services for children and youth in youth servicing organizations care based on six guiding principles (developmentally focused, family involved, relationship based, trauma informed, competence centred, and ecologically oriented). In 2023, Ranch Ehrlo joined over 600 youth organizations in adding Ukeru, an innovative crisis prevention program to our model of care which also includes Therapeutic Crisis Intervention techniques.

ABOUT THE RANCH



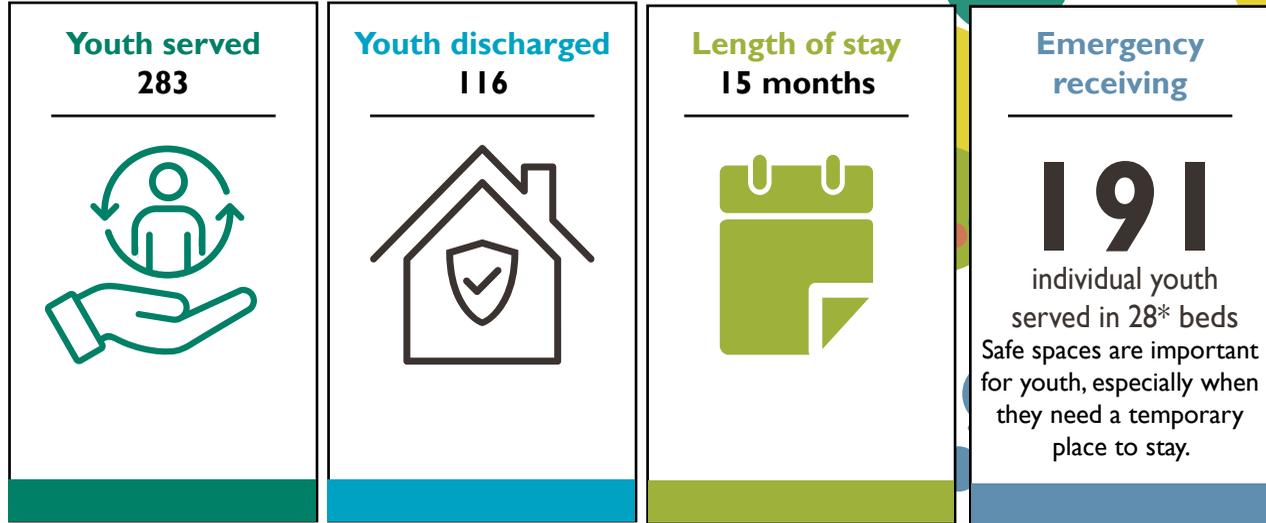
Youth Group Living Programs

Our integrated treatment approach for young people incorporates live-in services, clinical treatment, education, and recreation.

Youth participate in activities focused on creating the best outcome for them as individuals. They have access to psychiatric services, speech and language pathologists, equine-assisted learning, music therapy, art-based therapy, and occupational therapists. Individualized treatment plans include both group and individual therapy, and time is spent engaged with highly-trained staff taking part in creative or athletic activities.



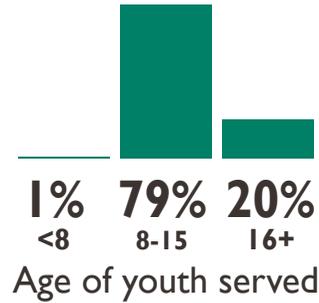
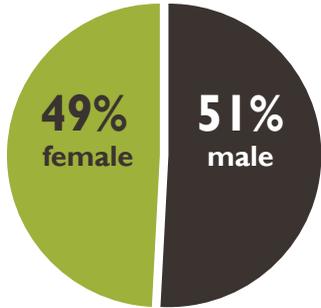
Youth at the Ranch



* In May 2024 we opened a new program to fill the urgent need for emergency care for children in the north. Samson House on the Corman Park campus, named after former board member Lynne Samson, provides six additional beds.



Youth statistics (youth served by Group Living Services)



Cultural background
of youth served

Youth having the opportunity to be themselves, express themselves, and show up how they want in the world allows them to appear just like any other kid in the community.

Sydney Campbell, clinical caseworker

More on our philosophy

We believe young people do the best they can when provided with safe and accepting environments; warm, trusting, and nurturing relationships; and fun, therapeutic, educational activities. Our highly trained and caring staff are dedicated to helping youth work through issues and achieve personal goals.



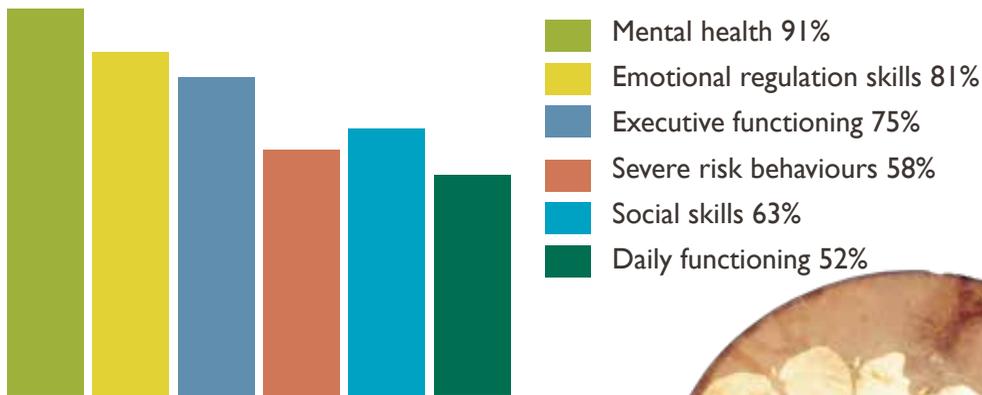
Ranch Ehrlo's first-ever track meet ended with hugs, high fives, and full hearts. Participants from across seven programs took part in various events from distance runs to shot put and long jump. The event helps youth grow confidence, develop new skills, or discover new interests.

“I like the activities we get to help plan and be involved in. Camping at Waterton Lake and going to the zoo were my favourites.”

youth, 2024 survey

Issues for service (youth served)

Youth come to Ranch Ehrlo for a variety of reasons. Once issues are identified, service and treatment plans are created in consultation with the youth, their parents or guardians, and staff from referring agencies. While at the Ranch, youth work with staff to achieve their treatment goals and address the issues that brought them here.



The northern programs held a drum-making workshop to support youth dealing with trauma. Over six weeks, Métis artists guided participants in the art of drum making, focusing on its cultural and spiritual significance. The workshop aimed to help youth, who often struggled with managing emotions and forming identities, by providing a meaningful cultural connection and a sense of self.

“I am getting help with issues I have been struggling with, like addictions.”

youth, 2024 survey



Family involvement



73%

of families were satisfied or very satisfied with their involvement during their child's stay at Ranch Ehrlo.

66%

of parents/guardians who feel the Ranch has helped their child

93%

of parents/guardians who feel the Ranch is a safe place for their child

At the end of each school year, we host our annual awards nights to honour the exceptional accomplishments of our youth. Each year, these events are filled with loving families from across the province, celebrating alongside staff and special guests. The evening highlights achievements in education, social development, creative arts, and athletics, and underscores the crucial role of family support in our youth's growth and success.



They do a good job. I have seen lots of improvement in family involvement.

parent/guardian, 2024 survey

Family Advisory Committee

Our Group Living Services Family Advisory Committee launched last June. The committee, established to gather family feedback and improve Ranch Ehrlo's services, included parents, grandparents, and siblings of participants. The committee plans to hold regular future sessions.

Community involvement

Activities like camping, ski trips, etc., helps identify the strengths and needs of child development.

referring agency worker, 2023 survey



Ranch Ehrlo's True Colours group marched alongside supporters and advocates in the Queen City Pride Parade, celebrating love and diversity, and promoting acceptance.

Youth think the Ranch helped them to participate in fun community activities



Youth regularly connect with elders and kohkums, whose visits foster cultural identity, belonging, and well-being.

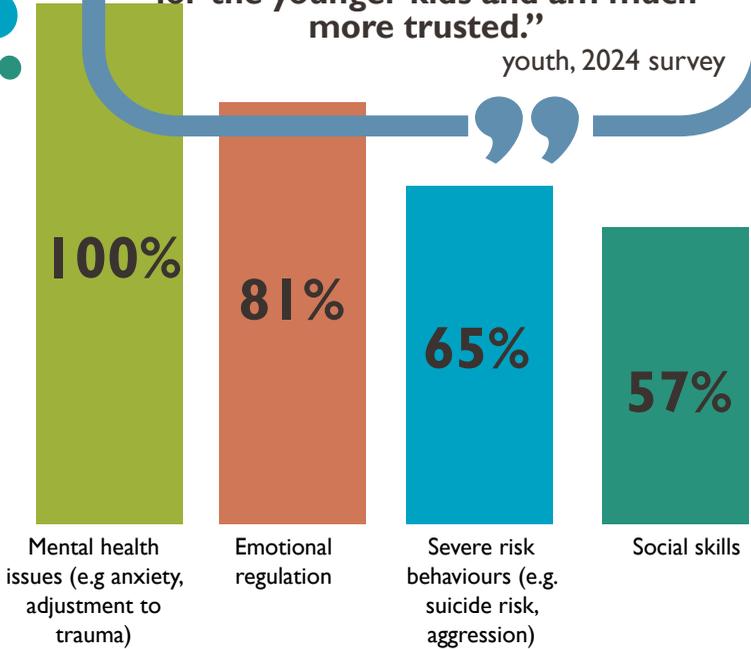


Every activity for youth in group living programs is thoughtfully planned with purpose. Through activities in the community and nature, youth are encouraged to explore new experiences, helping them grow confidence, skills, and interests. Staff use sequential planning to ensure that even simple outings, like hiking or dining out, foster personal growth, connection, and therapeutic outcomes.



“Staff has helped me get over my anxiety. I have improved my behaviour, so I am now a role model for the younger kids and am much more trusted.”

youth, 2024 survey



Youth functioning

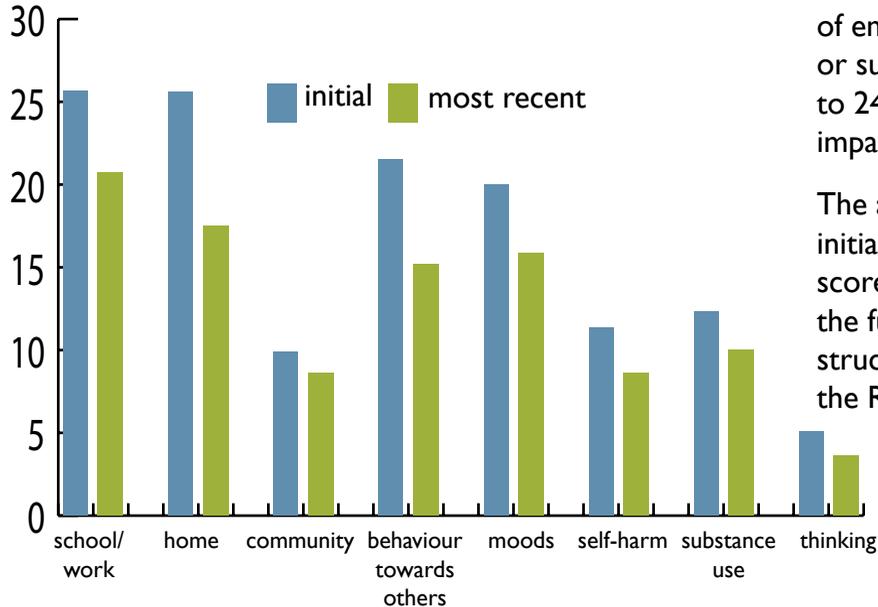
CANS scores

The Child and Adolescent Needs and Strengths (CANS) is a multi-purpose tool developed by Dr. John Lyons for children’s services to support decision making, service planning, and the monitoring of outcomes. The CANS is based on a four-point scale with “0” and “1” indicating “no issue” or “watchful waiting” and “2” and “3” indicating the need for “action” or “immediate/intense action” due to risk/safety.

The table shows the top four areas by percentage of youth whose severe or moderate issues at admission improved at least one point by time of discharge

Youth functioning

Average subscale CAFAS scores for youth served



77% of youth showed improvement in their CAFAS score

One of our goals is to improve the psychological development and social integration of our youth. We use the Child and Adolescent Functional Assessment Scale (CAFAS) to measure the degree of impairment of emotional, behavioural, psychiatric, psychological, or substance abuse problems. Scores range from 0 to 240, with higher scores indicating more severe impairments.

The average CAFAS score for our youth at their initial assessment was 134. The most recent average score was 99. The significant decrease means that the functioning of our youth has improved within the structured, nurturing, and supportive environments at the Ranch.

“We are cared for and provided all that we need to learn and grow.”

youth, 2024 survey

To where are youth transitioning?



57%

Family

Youth are living with their family



2%

On their own

Youth are living on their own



21%

Different group home

Youth are living in a different group home



20%

Other

I am very, very appreciative of the services the Ranch has provided for my stepson.

parent/guardian,
2024 survey

86%

of youth attained all or part of their goals



Six month follow-up

We take care and interest in how young people adjust to life after our programs. A six month follow-up is completed through a phone interview. This year, **44** discharged participants were able to participate. We are looking at ways to increase the response rate.

Ian Seesequon, a former Ranch Ehrlo youth, was chosen as the corner back for the Vancouver Island Raiders junior football team. Scouted from Saskatchewan, Ian was invited to try out after playing football since he was 11. Reflecting on his time at Ranch Ehrlo, Ian noted that it greatly impacted his life, providing him with a sense of belonging and a positive outlook. Now, he is thrilled to pursue his dream of playing semi-professional football.



50% of former youth under 16 are attending school



25% of former youth working part or full-time (or attending training)



63% of former youth have positive or very positive relationships with parents or peers



50% of former youth have moderate to high involvement in recreation/ community services



63% of former youth are living with family or extended family



13% of former youth are on their own

Supported Living Programs

Ranch Ehrlo Society supports persons with differing abilities by providing live-in, educational, clinical, and vocational programs to people with multiple, complex developmental needs. Care and support are focused on person-centred and strength-based services which provide participants the opportunity to develop skills to live more independently in their community.

Colleen, Ranch Ehrlo's supervisor of accounting, used her baking skills to connect with participants during the holiday season. She led a baking competition at Gopher House, teaching participants to make a simple cake. Following CARE training principles, the event aimed to enhance life skills and build genuine relationships. It concluded with a first-place cake and a rewarding exchange of baking tips with participant Raymond.



Participants
served
86



Participants
discharged
6



**Where are they
transitioning to?**

- Family 40%
- Different group home 20%
- Other 40%

Off to the Special Olympics

A Ranch participant's talents took him to the national stage. David Sanguais joined Team Saskatchewan to compete in the Floor Hockey Nationals at the Special Olympics Canada Winter Games Calgary 2024 where they brought home the bronze.

"I'm very happy and very emotional," said David.

David has been involved in the Special Olympics Saskatchewan for more than 28 years, participating in a variety of sports including bowling, bocce, baseball, and floor hockey.

I like that this place helps people out.

vocational participant,
2023 survey

Participants who agree that living at the Ranch helped them deal with problems.

91%

Participants who are satisfied with the services.

91%

Parents satisfied with the help participant received.

87%

In May 2024, participants joined the City of Regina and members of the public to enjoy a community feast in celebration of the Mitakuyé Owâs'ā Centre, in the heart of Regina's Heritage Neighbourhood. Ranch Ehrlo's Sweet Grass Café, operated by young adults with intellectual and developmental differing abilities, worked under the direction of Chef Trevor LaValley to prepare and contribute the feast's soups, Bannock, and rice pudding.

Vocational programs

Ranch Ehrlo has five different learning and vocation programs for participants with developmental and cognitive differing abilities.

Many vocational participants work hand-in-hand with our property management team at the Ranch to better the lives of their peers and build meaningful relationships. Such as the team at the Vocational Training Employment Program who focus on developing life skills, vocational training, and skill development, and supervised vocational activities.

“I love it here and I always want to stay here.”

participant, 2024 survey

86%

of participants said they learned new skills

100%

of vocational goals were achieved



Education

Ranch Ehrlo offers alternative education opportunities to students who have had little experience or success in traditional school settings. Our education centres provide youth with an accredited educational curriculum and additional learning resources. We also have classrooms in the cities of Regina and Prince Albert to help students integrate into mainstream education.

Spreading cheer

Ranch Ehrlo students spread holiday cheer last December by partnering with a neighbouring deaf and hard of hearing (DHH) class. Teacher Billie Deschene organized a project where her students, acting as “elves”, wrote festive letters to the younger DHH students. Despite their usual dislike for language arts, the Ranch students eagerly await replies, finding joy in brightening the younger students’ holidays.

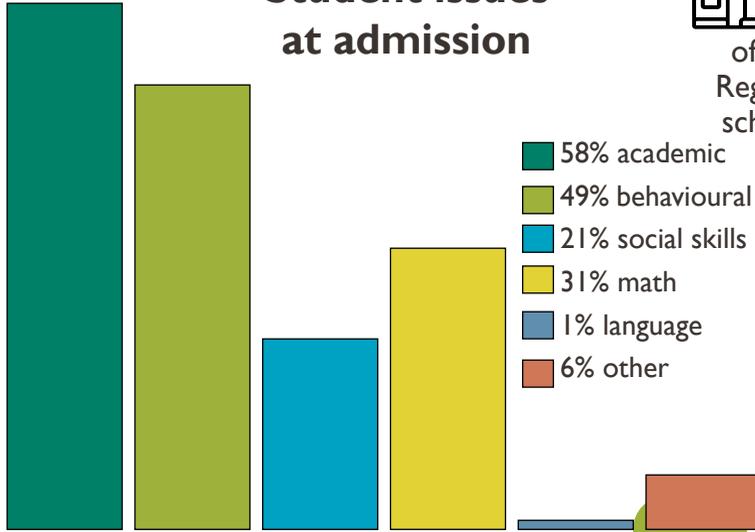
“Some of our students haven’t regularly attended school prior to coming to us. With our lower student to teacher ratios and individualized education learning plans, we are successful in closing the learning gaps.”

Corinna Hayden-Fidler,
vice-president of education

Percentage of families were satisfied or very satisfied with the educational services and/or vocational training during their child’s stay at Ranch Ehrlo

74%

Student issues at admission



93% of high school students in Regina said being in a Ranch school program has helped them with their goals

"The education groups we attend helps me be better than I used to be."

youth, 2024 survey



55% of youth who participated in their IEPs (individual education plans) improved their reading level

Graduates

Ranch Ehrlo celebrated three high school graduates this year. Pricilla and Mary from Matheson House in Prince Albert overcame various challenges, with Pricilla earning an award for the highest mark in a subject and Mary excelling despite social anxiety and starting hair styling school. Danny from MacKay House in Regina also graduated, working through assignment difficulties and planning to work before pursuing a career as a chef.

Family Treatment Program

This program improves family safety, family functioning, and child well-being so families can remain together. The program works to either prevent the placement of children out of their home or to assist families to reunite after having a child in care.

In-home services assist the family in obtaining the knowledge, skills, and abilities to successfully reunify children to their care, including: child development counselling, effective parenting, mood management, life skills, budgeting, and accessing community resources.



68%
families reunified



78
families served



133
children remained with family

Back to the land

The family programs received a \$15,000 grant from the Children's Aid Foundation of Canada for its Family Treatment Program and Family Centred Addictions Program. The Back to the Land grant will support Indigenous land-based therapeutic activities such as elder teachings and sweat lodge ceremonies. These funds will cover honorariums and ceremony fees, enhancing cultural identity and community connections for participating families.

Patti Petrucka, director of the Family Treatment Program, said, "This grant will enrich the lives of our families who need support. Connection to culture is invaluable for healing."

Family Centred Addiction Program

The addictions treatment program supports both individuals with substance misuse and their families. Families live in secure, two or three-bedroom apartments with 24/7 on-site staff support. Participants engage in daily structured programming that combines holistic treatment for sobriety and relapse prevention, while also addressing trauma, mental health, co-dependency, and family dynamics.

In anticipation of attending a round dance in Regina, a staff member in the Family Centred Addiction Program decided to make traditional ribbon skirts with the families for participants to wear to the event.



Number of families serviced in the program

42

Number of children who remained with their family

116



Intensive Family Preservation Services

The program is an intensive in-home family treatment program designed to keep children and families safe and prevent out-of-home placement of children. The time-limited services are family-focused, child-centred, goal-oriented, and provide in-home skills building, and after-care supports and linkages.

I think as a family we are in a better place than before the therapist came in our life. The communication between us is better, we tried to rebuild the trust.

Family participant

90%

percentage of families that stayed together!

83%

percentage of parents who were satisfied or very satisfied with the services they received

37



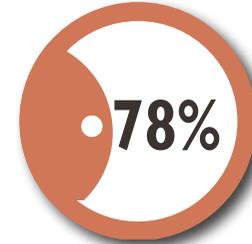
families served

Treatment Foster CARE

This program, which operates in northern and southern Saskatchewan, provides family-based care for children using professional foster parents. Foster families support the care, treatment, and community engagement of the children while helping to develop and strengthen healthy relationships with birth or reunification families.



children improved functioning based on CAFAS



children showed progress in service goals

Finding success at school
Carter, an eight-year-old with autism, has flourished since joining Ranch Ehrlo's Treatment Foster Care program in April 2023. Transitioning from a mainstream school in Regina to the Berezowki household in rural Saskatchewan, Carter benefited from a tailored educational plan and support from a clinical team. By April 2024, he completed his first full day of school. His foster parents, Tim and Melissa, have incorporated cultural and land-based learning, significantly boosting Carter's academic and social progress.

Our families work very hard to provide a safe and loving environment for our participants.

Lisa Neill, TFC manager



29
children served

Ehrlo Counselling Services

Ehrlo Counselling Services (ECS) provides counselling, training, and consultation services to Ranch Ehrlo clients and the community at large. Ehrlo Counselling provides prevention and intervention-based community services to individuals and families. They are intended to build and promote stronger, healthier, and more integrated communities.

95%

of clients that agreed or strongly agreed that counselling helped them

493

pro bono mental health sessions valued at \$74,000

421

clients served

ECS expanded its services this year and now offers Eye Movement Desensitization and Reprocessing (EMDR) therapy, which uses bilateral stimulation to help clients process and reduce trauma distress. Effective for both single and complex traumas, EMDR enhances brain function and integrates past experiences with current coping skills, involving minimal conversation compared to traditional talk therapy.

My counsellor is an empathetic and reflective listener. I appreciate his suggested resources (especially ACT) as those tools have helped me a lot.

client, 2024 survey

Ehrlo Early Learning Centres

The Ehrlo Early Learning Centres (EELC) provide high quality childcare to families in Regina at five separate locations. Our philosophy is based upon experiential or real-life learning.



 **357** 
children served

94.6%

Percentage of parents that stated their children were happy at the centre.

97%

Percentage of parents that stated the programming allows their child/ren to experience social, physical, intellectual, cognitive, and emotional growth.

Staff at EELC participated in a Ministry of Education-supported training program called “Learning Language and Loving It” earlier this year to enhance their language and literacy skills. Fifteen staff members from two locations, identified as needing additional support, attended the sessions for eight weeks. The training focused on strategies to help children with language development, foster peer interactions, and advance their abilities. The training provided validation and new insights, enabling staff to implement the program effectively across both centres.

Ehrlo Housing

Ehrlo Housing provides affordable housing to low-income families, individuals with chronic mental health conditions, and young people transitioning from care.

Lakeshore Village
(43 units)



57

families served

McEwen Manor
(39 units)



42

adult individuals
served

Chaz court
(8 units)



15

young adults
served

Last spring the City of Regina approved a 100 per cent tax exemption for Ehrlo Housing's McEwen Manor property, located in downtown Regina.

The Community Non-Profit Tax Exemption will translate to a significant cost savings for Ranch Ehrlo Society and will subsequently benefit the building's tenants and community partner Phoenix Residential Society, allowing us to keep rental increases low, keeping the units as affordable as possible.



Thank you for the opportunity to live there (Lakeshore). You gave my family a place when we needed it the most.
tenant

Overall
occupancy rate

(Lakeshore Village 87%, McEwen 99%, and Chaz 87% occupancy)

Ehrlo Sport Venture

Ehrlo Sport Venture Program ensures all youth and families have access to recreational programs including free drop-in sports leagues and a sport library where equipment can be borrowed free-of-charge.



259

youth participated
in the Ehrlo
Monday Night
Football League



410

(24+ from last year)
youth participated
in the Ehrlo
Basketball League



311

youth participated
in the Ehrlo
Baseball Rookie
League



255

youth
participated in
the Ehrlo Soccer
League



395

(109+ from last year)
youth participated
in the Outdoor
Hockey League





CWLC+LBEC

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