

# INTENSIVE FAMILY

## **Preservation Services**

Are you struggling to meet all of the needs of your children?

Is your family struggling to get along?

Do you wish you could learn more about parenting or mental health (for yourself or your child)?

### **Our Purpose:**

The purpose of Ranch Ehrlo's Intensive Family Preservation Services (IFPS) program is to keep families together.

Our program is based on an evidence-based model that focuses on time-limited, intensive and home-based services designed to strengthen families so that they can live safely together.



#### Program components

- Six to eight week interventions
- We will be with your family an average of 10-20 hours per week
- We work flexible hours so we can help families when they need it the most (before school, bedtimes)
- Work with you in your home
- Single therapist with team coverage and support
- 24/7 on call support
- Family led goal setting
- Safety planning
- Connections to long-term supports in the community

#### Contact information



Sharon Miller MSW, RSW - Program Manager sharon.miller@ranchehrlo.ca

Patti Petrucka MSW, RSW - Program Director patti.petrucka@ranchehrlo.ca

306-751-9800 • ehrlo.com

#### Program eligibility

 All referrals are made by the Saskatchewan Ministry of Social Services Child & Family Services (Regina & Area)



• Participation is voluntary

#### What we do

- Helping parents to learn information on:
  - Mental Health/Addictions
  - Trauma
  - Child Development
  - Parenting Skills
  - Budgeting
  - Keeping your home safe
  - Positive family relationships
  - Healthy coping skills

- Support in creating family structure and routines.
- We are in the homes helping you to implement new strategies, even when times get hard!
- Family advocacy (supporting you to have a voice)
- Making sure you have community supports after our program is done.





#### Our team



#### Sharon Miller, MSW, RSW

Program Manager I am the mom of two spirited little girls and a fur baby! If I'm not working you will find me enjoying my family and friends, spending time outside, watching football, reading or watching a show.



#### Allie Somers, BHJ

#### Family Preservation Therapist

I'm passionate about working with children & families, building strong, therapeutic relationships along the way. In my free time, I enjoy sports and connecting with loved ones and enjoying quality time with animals.



#### **Testimonials**

Hear what other families have had to say about our program...

"Always there to listen, always there to help, always giving strategies. Always there to support in every single way!" - Mom

"I am very happy that whatever I said mattered and she understood the assignment so it was like a dream to get what I wanted done."

- Mom

"He helped us get our kids back!" - Dad

"Extremely satisfied, when I felt I needed help I received help and encouragement and guidance for me to help myself too." - Dad

"She went above and beyond to help our family. She stayed with us, never left us alone in our hard times, she became the part of our family. We feel a big piece of our heart is gone after this program when it finished but she will always be in our hearts and or thoughts."

- Mom & Dad