

The Family Centred Addiction Program is an innovative addictions treatment centre that provides intensive supports for parents experiencing substance misuse while maintaining the family structure.

## It's about keeping families together

Parents or caregivers seeking treatment for their own addictions recovery and relapse prevention will attend daily structured holistic programming with focuses including trauma, mental health, co-dependency, the family system, and addictions recovery education.

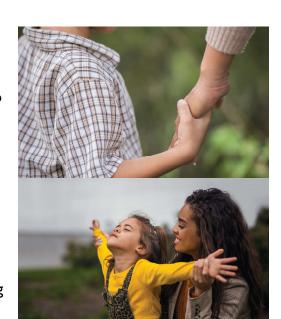
Programming will also be offered to children and youth impacted by parental addictions.

Highly trained staff will provide daily support in the family home to assist in relationship building, parenting skills and overall positive family functioning.

Referrals are made by the provincial and/or territorial Ministries of Social Services/ Health, First Nation agencies, and other referral agencies that provide cost coverage for treatment.

## Core program components

- 24/7 on-site staff in a secured apartment building which can host up to eight families
- Based in Moose law, SK
- Each family resides in own two or three bedroom apartment; with all basic needs met (groceries, housing supplies, furniture)
- Mental health and addiction counsellor, clinicians, and a highly trained staff team on site
- Parents receive individual and in person mental health and addictions counselling including recovery plans and goals
- Group programming using evidence based curriculum is available Monday-Friday
- Direct in home supports are provided by treatment staff on an intensive basis
- Once the family has stabilized, less intensive services will be recommended for referral for long-term family support



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