



Ranch Ehrlo Society

Family handbook

Welcome!

This book will give you information about your family member's stay with Ranch Ehrlo Society (the Ranch).

We live and learn together on Treaty 4 and Treaty 6 lands, home of the Cree, Saulteaux, Dakota, Nakota, Lakota, Dene, and homeland of the Métis – Michif Nation. We honour the ancestors of these places.



Working together

We want to work with you to make your family member's stay successful. Your support is important and helps them reach their potential.

Your family member's program manager, caseworker, or other caregivers can answer any questions you have.

The Ranch continues to grow and improve services. We welcome your ideas.

We respect every participant's culture, heritage, religion, and beliefs. Youth may continue their own traditions and are offered other opportunities to learn. This might include sweats, pipe ceremonies, smudging, church, participation in other spiritual communities, and more.

About us

We offer treatment, mental health, and developmental services across Saskatchewan. Programs are available for youth, families, adults with developmental disabilities, and people in the community.

Many of our homes are located on campuses near Pilot Butte, Saskatoon, and Prince Albert. We also have homes in Regina and Prince Albert.



(L to r, top to bottom) Pilot Butte campus, Corman Park campus, and Buckland campus

Phone number - 306-781-1800

Office hours - Monday-Friday, 8:30 a.m. - 4:30 p.m.

Outside of these hours, leave a message and someone will call back the next working day.

Treatment

Youth group living combines safe housing with supportive caregivers. Each youth has their own room and a safe place for their belongings. Caregivers are in the homes 24/7 and include:

- Houseparents – cook meals
- Program managers – oversee the home

- Youth care workers and youth care leaders – support daily life
- Caseworkers – clinicians with master’s degrees who lead the treatment plan

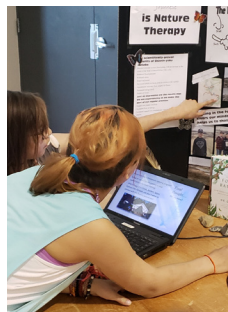


Caregivers receive ongoing training to care for and support your family member.

Youth receive food, clothing, allowance, and medical care.
Treatment includes education/work, recreation, and therapy.

Education/work

Our education team makes plans to fit each youth’s learning needs. These are called Individualized Education Plans (IEPs). Youth attend Ranch schools, community classrooms, or vocational programs. They may learn academics, gain life skills, and/or get job training. Youth may also earn extra money.



Recreation

Recreation is part of daily life. Activities may include sports, crafts, powwow club, horsemanship, camping, art programs, music therapy, and more.



Therapy

Therapy is a focus at the Ranch. We start by helping youth feel safe, then work to set and achieve goals. Youth can share their thoughts and feelings in many ways, including through groups, counselling, and more. Youth meet regularly with their caseworker to learn coping skills and get the support they need.



Keeping youth safe



Safety is a top priority. Our training provides caregivers with skills for preventing and managing crisis. It is called imminent risk when your family member or someone else could be hurt very soon. When there is imminent risk, the following tools may be used:

- Ukeru pads. Caregivers hold pads to protect themselves and others.

- Physical intervention. Caregivers hold youth to protect themselves and others. This is done with the least amount of force possible.

You and your family member can talk to caregivers if you have any concerns with how a crisis is handled.

Consent to care and confidentiality

We'll make sure your family member gets regular medical, dental, and eye care. We will also make sure they get medical care during emergencies. We will help your family member take their prescribed medications. We will offer non-prescription medications when appropriate. Youth have the right to refuse



medication. You are encouraged to discuss any concerns with the caseworker or doctor.

When your family member arrives, a file is created. This file is updated throughout their stay. Youth can review their file and ask for corrections. Files are closed when youth move away. Throughout all of this, the file is securely stored and your family

member's information is kept safe.

Information is only shared with professionals involved in your family member's care. In rare cases, criminal offences or safety concerns must be reported. We will tell youth if this happens.

Information may be used to improve services at the Ranch. When this happens, your family member's personal information will not be used.

Photos may be taken of your family member and stored with their file. A photo may be shared during emergencies. Other than emergencies, photos or videos are only shared outside the Ranch with permission from their guardian.

Family involvement

Our goal is for youth to return home or to their community whenever possible. Depending on legal guardianship, the agency you work with may make decisions about communication and visits. We welcome you to be part of



your family member's time at Ranch Ehrlo. We'll help you stay connected with them through calls, visits, social media, and family events. We also encourage you to visit the home or for your family member to



come visit you. You will be invited to meetings every 3 months to talk about your family member's progress and next steps.

Youth and family voices

Please share any ideas or concerns with us. Most issues can be solved by talking with caregivers. If not, youth and families can contact the Saskatchewan Advocate for Children and Youth at 1-800-322-7221.



Youth rights and responsibilities

The next two pages highlight the rights and responsibilities each youth has in our program.

YOUR RIGHTS



When living at the Ranch, you have the **RIGHT** to:

Know why you are at the Ranch, what you should be working on, and how long you will be staying.

Ask about the programs, plans, and decisions if you feel that they are not right for you.

Choose not to participate, if you feel uncomfortable with parts of the treatment.

Express that you are unhappy and file a grievance without any worries.

Express and practise your religious and spiritual beliefs.

Know that what you say is confidential, as long as you and others are safe.

CONFIDENTIAL

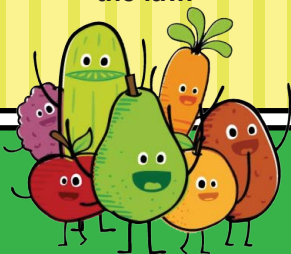


Accept or refuse visits from family or loved ones.

Visit with your family in your group home or another location, unless the visit would be harmful.



Have privacy, except when there is reason to believe you are doing something that is unsafe to you and others or is against the law.



Thanks, but no Thanks

Refuse to take medication.



Have good food, clothing, shelter, and medical services.

Receive allowance, earn, and spend money (within the rules of the Ranch).



Use and have a safe place to keep personal items, unless harmful to you or others.

Send and receive mail and social media messages, except with people who are not good for you.



Use your personal electronic devices in a positive way (within the Ranch rules).



YOUR RESPONSIBILITIES



When living at the Ranch,
you have the
RESPONSIBILITY to:

**Build healthy relationships with peers
and caring adults.**



**Live a
substance-free
life.**



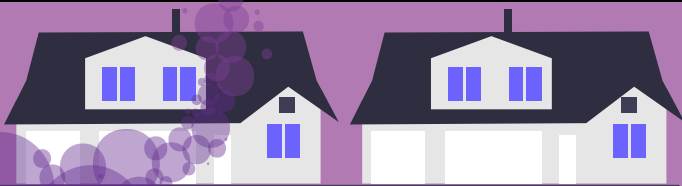
**Learn and follow the
expectations at the Ranch.**



**Learn healthier ways to
problem solve.**



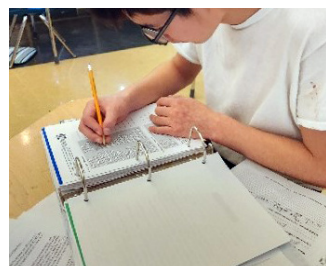
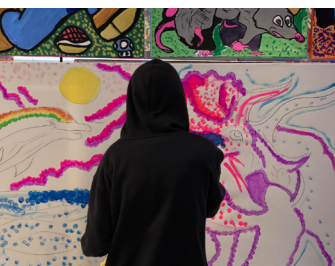
**Ensure nothing
harmful comes into
your group home.**



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Take a virtual
tour of our
campuses



Ranch Ehrlo Society