



## Family Centred Addiction Program

**The Family Centred Addiction Program is an innovative family centred residential addictions treatment program. This program works intensively with the parent(s) that are struggling with substance misuse and their children.**

### It's about keeping together

The Family Centred Addiction Program builds on the work created by the Family Treatment Program of keeping families together and healthy but also offers families an intensive addiction component to the service.

Individuals who are ready to work on their individual recovery from addictions and to enter recovery will attend daily structured programming that combines a holistic treatment approach, focused on achieving sobriety and relapse prevention, but also supporting these individuals in understanding areas such as trauma, mental health, co-dependency, and enhancing family functioning.

Weekly programming will also be offered to the children and youth that are being impacted by parental addictions.

Highly trained staff will provide daily support in the family homes to assist in relationship building, parenting skills, and overall positive family functioning.

Referrals are made by the provincial and/or territorial Ministries of Social Services/Health, First Nation agencies, and referral agencies that cover the cost of the treatment.

### Core program components

- 24/7 on-site staff in a secured apartment building which can host up to six families

- Based in Moose Jaw, SK

- Each family has their own two or three-bedroom apartment

- Staffed by a mental health and addictions counsellor, clinicians, and a team of highly trained staff

- Participants receive one-on-one mental health and addictions counselling

- Weekly meetings with counsellor to review recovery plans, goals, and progress

- Group programming will run Monday to Friday using evidence-based curriculum

- Direct in home parenting supports are provided by treatment staff on an intensive basis

- Once the family has stabilized, less intensive services will be recommended and referred for long-term family support

### For further information contact:

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