

Locations

FTP services are delivered in affordable housing provided through partnerships with Gabriel Housing, Ehrlo Housing, Namerind Housing, Silver Sage Housing, and other community agencies.

During their time in the program, families may live in one of 24 homes located in the city of Regina. Families are assigned a home based on family size and availability of homes.

Services may also be offered to families in their own home when they live in the Regina community.

We believe:

1. In the integrity of the family unit - that children should be kept with their families whenever safe and possible.
2. In the right for children to have a safe and nurturing home.
3. Many family problems occur due to lack of skills and limited support.
4. Positive change stimulates hope and optimism, and increases motivation for continued change.
5. Change can be best achieved by recognizing and using individual and family strengths.
6. Clients are our colleagues, and are active in treatment.

These beliefs and values are integral and essential to how service is provided.

For further information contact:

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FAMILY Treatment Program

Improving family safety, family functioning, and child well-being so families can remain together



The purpose of the Family Treatment Program (FTP) is to improve safety, family functioning, and child well-being so families can stay together or reunite safely.

Since 2006, the FTP has focused on family reunification and/or preservation services. The FTP provides comprehensive services including in-home family support, clinical, and educational services to parents and children. Family treatment workers and therapists work to preserve families or to ensure a safe transition for children/youth returning back to their families.



Families are given as much time in the program as they need and help is available when they need it most - therapists are available to families 24 hours a day, seven days a week.

Program eligibility

Families may be referred to the family treatment program from child and family mental health agencies, with priority given to families with youth placed at the Ranch. The family treatment program also works with families who do not have youth placed within Ranch Ehrlo's programs.

The family treatment program works with families experiencing various problems including addiction recovery, mental health issues, child behaviour problems, parenting skills, neglect, etc.

Family involvement is voluntary; however they must be committed to addressing personal issues and have no active addictions or legal issues.

Foster families preparing to provide longer-term care for youth leaving Ranch Ehrlo Society may also be appropriate for the after-care phase of the program.

Core FTP components:

Services are provided by FTP staff who provide intensive in-home services and assist the family in obtaining the knowledge, skills, and abilities to successfully maintain or reunite children in their care.

The FTP program offers families flexibility and support, which may include:

- Housing, transportation, and food are covered by enrollment in the FTP.
- Intensive in-home support is available 24 hours a day, seven days a week.

The FTP provides a variety of therapeutic services:

- Parents may attend various groups weekly if they align at the time:
 - 1) parent support group, 2) parent education group, 3) equine therapy, 4) writing group, 5) addiction recovery group, and 6) dads group
- Child development counselling, family therapy, family equine therapy camps, family therapy camps, and cultural programming are ongoing throughout each family's participation in the FTP.

- Parents will learn effective parenting, communication, mood management, life skills, budgeting, nutrition, household management, and how to access their community resources.

Additional services are available in the areas of:

- Psychology
- Occupational therapy
- Psychiatry
- Speech pathology

Children/youth will be provided educational and child care services as required.

The length of treatment depends on the needs of the family and the agreed upon goals for treatment.

After-care

After completion of in-residence treatment, families may be provided in-home support services within their community. After-care services may provide the necessary supports to assist families to successfully transition to their communities. This may include family treatment support, counselling services for the families, educational support, communication engagement activities, recreational connections, and referral services.