

It's about keeping families together

IFPS is an evidence-based program that focuses on time-limited, intensive and home-based services designed to stabilize and strengthen families.

Services are family-focused, child-centred, goal-oriented, and provide in-home skill-building and after-care supports and linkages.

Referrals are referrals are made by the Saskatchewan Ministry of Social Services. It must be determined that:

- a child is in need of protection according to The Child and Family Services Act;
- alternative out of home placement is imminent; and
- other services in the community would be unable to prevent placement or provide supports suited to the needs of the family.

Core program components

- 24/7 intake and availability for families
- Face to face contact within 24 hours, whenever possible
- Service in the family home
- Single therapist with team back-up
- Flexibility and responsiveness of services
- Interactive assessment and goal-setting for families
- Safety plan for family created during first visitation
- Average face-to-face time with families is 10-20 hours per week

We believe

- 1. In the integrity of the family children should live with their families whenever safe to do so.
- 2. In the right for children to have a safe and nurturing home.
- 3. Many family problems occur due to lack of skills and supports.
- 4. Positive change stimulates hope and optimism and increases motivation for continued change.
- 5. Change can be best achieved by recognizing and using individual and family strengths.
- 6. Families are our colleagues and are active in treatment.





Therapists work with the family, for a period of six weeks, in their home when problems occur. Follow-up visits may be scheduled depending on the need of the families. Families are provided with intensive support and help is available 24 hours a day, seven days a week.

Flexibility

Therapists use a variety of treatment techniques to address individual family needs. Treatment plans focus on the specific issues which led to child protection concerns, as well as the particular needs, wishes, and learning styles of each family.

Family preservation therapists provide counselling in child development, effective parenting, mood management skills, communication, assertiveness, and problem solving methods. Therapists also teach families basic life skills, such as how to use the transportation system, budgeting, making child care arrangements, and how to use other agencies for support.

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Family Treatment Program
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Our team



Andrea Rhodes

Andrea is passionate about working with children and families. In her spare time, she enjoys spending time with her friends and family, enjoying the outdoors, playing board games, and listening to music.



Meagan Strinja

Meagan focuses on building strong therapeutic relationships and incorporating creative interventions to meet the therapy needs of families.



Desiree Terry

Desiree has a passion for lifelong learning and social justice. In her spare time, she enjoys creative activities like beading and art.



Katherine Ewasienko

Kate loves to do anything outdoors (when the weather is warmer than -40), she has three cats, and has danced for most of her life.

For further information contact:

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