

Locations

FTP services are delivered in Regina, Saskatchewan. During their time in the program families will live in their own home if they live in Regina or in a home provided by the program. Services are offered to families in their own homes or in the community.

We believe:

1. That children should be kept with their families whenever safe and possible.
2. That children should have a safe and nurturing home.
3. When families learn new skills and with support they can improve their situation.
4. Hope and optimism are essential in supporting change.
5. Change can be best achieved by recognizing and using individual and family strengths.
6. Parents are our colleagues and are active in treatment.
7. Culture is integral to treatment. We are committed to learning from families about their culture and beliefs.

For further information contact:

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Contact us

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FAMILY Treatment Program

Improving family safety, family functioning, and child well-being so families can remain together



The purpose of the Family Treatment Program (FTP) is to improve safety, family functioning, and child well-being so families can stay together or reunite safely.

Since 2006, the FTP has focused on family reunification and/or preservation services. The FTP provides comprehensive services including in-home family support, clinical, and educational services to parents and children. Family treatment program staff support a safe transition for children to return to their families and to preserve the family unit.



Program eligibility

Families may be referred to the FTP from child and family services agencies and mental health agencies. The FTP works with families who have youth placed at Ranch Ehrlo, however many families participate in the program who do not have youth placed at Ranch Ehrlo.

The FTP works with families experiencing a diverse variety of needs that may be impacting the family unit or the individual members such as family attachment and bonding, addiction recovery, mental health challenges, child behaviour problems, and parenting skills.

Family involvement is voluntary, and autonomy is important. However, it is important that family members are committed to addressing personal and family needs. Safety is essential and as a

result addictions, mental health and legal issues will be discussed to be effectively supported.

Core FTP components:

Intensive in-home services are provided collaboratively between FTP staff and families. Families are supported in obtaining the knowledge, skills, and abilities to successfully maintain or reunite children in their care.

The FTP offers families flexibility and support, which may include:

- Housing, transportation, and food covered by enrollment in the FTP.
- Intensive in-home support is available 24 hours a day, seven days a week.

The FTP provides a variety of therapeutic services:

- Parents may attend various groups weekly such as parent support group, parent education group, recovery group, equine therapy, and music therapy.
- Child development counselling, family therapy,

family camps, and cultural programming are offered at various times throughout the year and may be a part of a family's time in treatment.

- Parents will learn effective parenting, communication, emotional management and support, life skills, household management and support in accessing community resources.

Additional services are available in the areas of psychology, psychiatry, and other therapeutic modalities. Children/youth will be provided educational and childcare services as required. The length of treatment depends on the needs of the family and the agreed upon goals for treatment.

After-care supports

After-care is an important part of treatment. After-care services may provide the necessary supports to assist families to successfully transition to their communities.