



developmentally
focused

family involved

relationship based

trauma informed

competence centred

ecologically oriented

Generous music therapy grant

Ranch Ehrlo is excited to partner with the National Music Centre (NMC) to give more participants and families the opportunity to grow and develop with the power of music therapy.

Following a formal proposal, Ranch Ehrlo Society was recently chosen as one of four organizations in Saskatchewan to help expand the work of NMC and music therapy into the prairies. We were given a \$50,000 grant to accomplish that goal.

Ranch Ehrlo Society has used various forms of music engagement over the years. We currently have a contract with certified music therapists to provide this service. Within music therapy, the music therapist and

participants use voice, instrumental improvisation, psychodynamic music therapy models, exploration of musical space, unique sounds, emotions, movement, sensory experiences, and improvised contemporary, and classical music to support development, health, and well-being.

“We have noticed many benefits to participants’ mental health and improvements in their daily lives after exposure to music therapy,” explained David Rivers, vice-president of clinical and family services.



(L to r): Jennifer Buchanan, National Music Centre, Melanie McDonald, certified music therapist, and David Rivers, Ranch Ehrlo vice-president of clinical and family services



With the additional funds from this partnership, music therapy services at Ranch Ehrlo Society will expand with the aim of serving 50 to 80 new participants weekly.

Family holiday donations

The holidays can be a difficult time for some families. Many of the families in Ranch Ehrlo's family programs struggle with poverty, which can lead to disappointment and unmet hopes for children, and stress and struggles for parents during the holiday season.

"Poverty leads to challenges in having gifts or special treats during the holiday season," explained family program director Patti Petrucka. "There is much worry about being able to buy your child a gift to open on Christmas morning. These donations make a world of difference to the families and take a weight off their shoulders during a stressful time of the year."

The families in the programs are getting a hand up thanks to some generous local businesses and individuals this holiday season, including from:

- K+S Potash Canada \$7,500
- HK Henderson Insurance Inc. \$1,000
- Heather Collins \$1,000
- Calendar Club Moose Jaw 40 teddy bears
- Carol's Catering and Cafe \$300
- Rotary Club of Regina Eastview \$1,500
- Knight Honda \$500
- And many personal donations of differing amounts from wonderful individuals.

Art from the Heart reception

Ranch Ehrlo's artists showed off their artistic achievements at the 19th annual Art from the Heart calendar reception on Dec. 20th.

The calendar was unveiled and the artists had the opportunity to showcase their work



Principal Hayley Maurer

partnering agencies.

and sign autographs for those in attendance. After the signing, guests and artists were treated to a table of goodies prepared by teachers and students from the school.

Each year the calendars are printed and distributed to Ranch youth, staff, board members, and

ER program on the move

The Emergency Receiving (ER) program on the Buckland campus will be moving into the city of Prince Albert.

Prince Albert's ER program started in 2018 at Flegel House on our Buckland campus for children in need who were aged from newborns to 11 years old. While initially meeting the initial requirements, the house quickly developed shortcomings in the overall layout and functional space.

The decision was made to move into the city to facilitate easier access to schools, medical appointments, and various amenities for our young participants. Ranch Ehrlo purchased a property for the program in the northeast area of the city.

Cookie campaign supports Sport Venture for the second year



Gord Pritchard, Louise Greenberg, and Natalie Huber

Ehrlo Sport Venture, one of Ranch Ehrlo Society's community outreach initiatives, was again chosen to be the charity of choice for Tim Hortons Holiday Smile Cookie campaign.

During the week of November 13th, 100 per cent of the proceeds of the cookie sales sold in the Regina area helped fund our five free recreational leagues for youth (football, soccer, baseball, basketball, and of course, hockey), and the Tim Hortons Foundation Camps.

The week kicked off with some special guests decorating cookies including, the Honourable Gene Makowsky, Saskatchewan Minister of Social Services, Regina Pats Hockey Club CEO Gord Pritchard, Regina

Police Service acting chief Dean Rae, MLA Trent Wotherspoon, Ranch Ehrlo board members Louise Greenberg and Blair Swystun, and Ranch CEO Natalie Huber.

The campaign was a huge success raising 9.8 million dollars across Canada for charity. We are excited to announce the final contribution numbers at an upcoming cheque presentation event.

“We are grateful for the support of our community owner groups in Regina, Emerald Park, Balgonie and Indian Head. Their commitment to give youth a chance to play is remarkable. These dollars will allow us to reach more families and open doors to accessing the many benefits of sport,” said Gloria Patrick, Ehrlo Sport Venture manager.

ESV players take the trip of a lifetime



Isaiah and Rowen with Tyson

Shirley Dobrescu and her grandsons, Isaiah and Rowen, met NHL player Tyson Barrie at a fundraiser put on by the McMorris Foundation. The family was invited to the event last summer because of their involvement with the Ehrlo Sport Venture (ESV) leagues.

Barrie, now a defenceman on the Nashville Predators, was in contact with the family this fall and arranged to fly them to Edmonton. He treated them to a stay in a hotel attached to Rogers Place arena and of course, tickets to the Nov. 3rd game of the Edmonton Oilers versus the Nashville Predators.

“We were on the top floor with a beautiful room with a view of downtown Edmonton and use of a concierge room where we ate in style! The game was fantastic, with great seats, crazy fans, and a chat with Tyson after the game. The best thing is the Predators won!” said Dobrescu.

She added, “The trip from start to finish was the trip of a lifetime and we can’t believe what a kind, generous person Tyson is to treat us after chatting briefly at the fundraiser. The boys had the best time ever and it has been hockey night in Canada at our place ever since! We have agreed to keep in touch and stay friends.”

“It is incredible for a relationship like this to develop from one of our programs,” stated Gloria Patrick, ESV manager. “I feel like we need to take a step back and actually look at the connections we can foster, what it means for our families, and the incredible opportunities that we could potentially offer them.”



Youth working with firefighters on campus

Encouraging female youth

Female participants gathered at the Kesten Training Centre on the Pilot Butte campus to hear from an inspiring former firefighter who encouraged the youth to contemplate careers outside the “traditional” female roles.

Marianne Boychuk, retired captain of Regina Fire Services, was the very first female firefighter in Regina. She worked hard to make her dream come true and had to overcome many challenges.

She said, “Challenges motivate people in different ways. I chose to stay positive. Every day when I woke up, I would ask myself what I could do that day to contribute to my goal of becoming a firefighter. I was not afraid to fail at different things because without failure there is no success.”

After the presentation, the youth converged outside where members of the Emerald Park Fire Department had set up a demonstration area with two of their trucks. The firefighters demonstrated their hand tools such as the Jaws of Life and the metal spreader.

Ranch participants Patty, Kassie, and Amy donned the firefighting gear. The youth worked together to use the hose to spray down a dumpster on campus. Each took a turn at holding the nozzle.

The youth enjoyed the presentation and eagerly asked how old they had to be to start fighting fires.

Holiday elves

Ranch Ehrlo students gave delight this holiday season.

In a Ranch Ehrlo classroom in a public school, elves were busy making the season bright for younger students in a neighbouring deaf and hard of hearing (DHH) class.

Billie Deschene, Ranch Ehrlo teacher explained that both classes have the same number of students, so the DHH teacher approached Billie to discuss a collaboration. Billie thought her class could write notes posing as Christmas elves to the younger students. Each Ranch student is paired with a DHH class student.

Billie said that her students typically despise language arts like spelling, writing, and grammar. However, these same students eagerly checked the hallway for responses from the younger students so they could continue to play their elf roles.

When asked how they feel when they're writing their elf letters, they all had positive comments. One student said, "I feel happy because it makes the other kids happy."

Ranch Ehrlo has classrooms in mainstream schools to prepare our participants for their eventual return to regular classrooms.

Thank you to our sponsors and donors

Thank you to all our donors and sponsors who helped Ranch Ehrlo in the past two months:

Jumpstart, \$10,500 grant for Monday Night Football

Optimist Club, Sticks for Kids donation to Sport Venture

Louise Greenberg, \$75 donation to Sport Venture

Rotary Club of Regina Eastview, \$1,500 to the Family Treatment Program

KLM Ventures, \$10,000 donation

ECS meet and greet



Ehrlo Counselling (ECS) had a come-and-go meet-and-greet this fall for some special guests to learn about ECS's services and to meet the clinicians. The clinicians in attendance were (l to r) Natasha Schoenroth, Sherry Rapley, Kristie Panchuk, Amanda DeMarsh, and Dave Wiebe. Ian Reid was unable to attend.

Holiday party



May House celebrated the season of joy and togetherness with a magical Christmas party. Staff, youth, and families came together to create lasting memories and to enjoy a holiday feast thanks for the hard work of program staff.

Next president



Congratulations to Amanda Knievel, Ranch Ehrlo quality assurance liaison, for being named the next president of the Saskatchewan Association of Social Workers! This is a four-year commitment for Amanda. She will collaborate with many social workers to promote safe, competent, and ethical practices to strengthen public protection.

Board retreat



Our board and executive worked hard at their latest board retreat while discussing everything Ranch. We value the contributions our volunteer board of directors provides to Ranch Ehrlo's governance and strategic direction.

Family donations



Patti Petrucka, director of family treatment programs, spoke at a recent Rotary Club of Regina Eastview meeting. The Community Services Committee of the Rotary Club of Regina Eastview donated a total of \$1,500 to the family treatment programs to make their season a little brighter!