



May 16 and 17, 2016
Queensbury Convention Centre, Regina

Cost:
 \$300—public
 \$250 - students

Cost includes lunch, refreshments and conference materials.

Register online @ www.psychsask.ca
 (click on the conference tab)

Schedule:

Day one:

8-9 a.m.	registration
9-10:15 a.m.	overview refreshments
10:30 a.m.	session
12 p.m.	lunch
1-2:30	Session refreshments
2:45-4 p.m.	session and discussion

Day two:

9-10:15 a.m.	overview refreshments
10:30 a.m.	session
12 p.m.	lunch
1-2:30	Session refreshments
2:45-4 p.m.	session, discussion, wrap up

Ehrlo Counselling Services, a division of Ranch Ehrlo Society, and the Psychology Association of Saskatchewan invite you to attend

Treating Adolescent Attachment-Trauma: The Challenge Of Connection

A two day conference presented by Martha B. Straus, Ph.D. for mental health professionals to explore pathways for healing the effects of attachment trauma.



About the conference

Traumatized adolescents struggle with self-regulation. They are anxious and vigilant, and unable to trust themselves or caregivers, they may experience even loving relationships as confusing and frightening.

Teens benefit from relationships with adults that provide them

with the psychological (and physical) sense of containment they cannot supply themselves. In this two day presentation, Dr. Straus will explain how therapy is a specific attachment relationship, and discuss mindful, empathic strategies to help these teens feel more secure, connected, present, and stable.

About our presenter

Martha B. Straus, PhD, is a professor in the Department of Clinical Psychology at Antioch University New England Graduate School in Keene, New Hampshire, and adjunct instructor in psychiatry at Dartmouth Medical School. She maintains a private practice in Brattleboro, Vermont, and presents internationally on child, adolescent, and family development, attachment, trauma, and therapy. Straus graduated with honors from Brown University and received her doctorate in clinical and community psychology from the University of Maryland. She's the author of numerous articles and four books including most recently, *Adolescent Girls in Crisis: Intervention and Hope*, and the *No-Talk Therapy for Children and Adolescents*.



For more information contact Ehrlo Counselling
@ 306-751-2730 and PAS @ 1-306-220-6900